Syracuse University Risk Management Safety and Emergency Procedures Guide

Spring 2024



Responsible Program Person	Responsible program person full name: Cell phone number:	
Emergency Contact	Emergency contact full name: Cell phone number:	
Authorized Program Staff/Volunteers	Enter authorized program staff/volunteer full name(s) and cell phone number(s). Enter as many as needed.	
Risk Management Contacts	Risk Management - Youth Programs Compliance Coordinator: Risk Management - Director:	315.443.4131 315.443.4011
Syracuse University Emergency Response Contacts	Emergency: Syracuse University Ambulance (emergency): Fire and Life Safety: Department of Public Safety (non-emergency): Emergency Management: Environmental Health and Safety: Office of Equal Opportunity, Inclusion, and Resolution Services:	911 315.443.4299 315.443.5474 315.443.2224 315.443.0315 315.443.4132 315.443.4018
External Campus Partners and Program Affiliates (i.e., Vendors, Guest Speakers)	Enter name(s) and cell phone number(s). Enter as many as needed.	
Parent Contact information for all minor participants	Enter parent full name(s), associated minor(s) and cell phone nummany as needed.	nber(s). Enter as

INTRODUCTION

Planning for an emergency may seem counter-intuitive but it is important to be prepared to respond to an emergency in the most efficient and responsive way possible. Help or guidance may not immediately be available and reviewing safety procedures could potentially reduce the severity of the situation and improve the outcome.

PURPOSE:

This guide is intended for those serving in any minors' program staff/volunteer roles to provide a framework for the response within a crisis situation. It is a necessary tool to develop the structure for directing and controlling operations, delegating responsibilities, and potentially limiting the effects of an emergency. It is not intended to be an all-encompassing directive, but an assistive guide in potential situations.

SCOPE AND AUDIENCE:

The plan outlined applies to Responsible Program Persons, and any program staff/volunteers working directly with minors, referred to as "authorized adults," as described in the official <u>Syracuse University Safety of Minors Abuse and Reporting Policy</u>. This applies to all covered programs, which includes those that are:

- Sponsored, overseen, supervised, operated, controlled, or managed by the University or an Affiliate
 (Any legal entity that is controlled by or is under common control of the University. Examples include,
 without limitation, Drumlins, the Sheraton, and Syracuse University Abroad centers.)
- Funded in whole or in part from any University or Affiliate account;
- Related to any academic credit-bearing, certificate-earning, or other activity within the scope of the
 official University or Affiliate mission, including faculty research;
- Hosted on University owned, operated, or controlled property.

The Safety of Minors Abuse and Reporting policy does not apply to off-campus locations or locations that are not owned, operated, or controlled by Syracuse University. During emergencies that affect the program/University/region, the program will defer and cooperate with the University and any authorities as needed.

DEFINITIONS:

Throughout this guide, you will find the following terms:

Program Staff- University employees, faculty, staff, students, or third-parties who are responsible for overseeing, managing, or participating in a Minors Program.

Program Contact - The individual designated by the Responsible Program Person to be responsible for coordinating with the University's Director of Emergency Management and carrying out emergency protocols and communications plans to notify parents or guardians in case of an emergency.

Responsible Program Person - The person who has primary operational responsibility for managing a particular Minors Program. Responsible Program Persons include individual faculty or staff who invite minors to campus or to a University program including, without limitation, to classes, research laboratories, performances or other events, recreational activities, and educational sessions or lessons. The Responsible Program Person or their designee may also be the Program Contact for purposes of emergency communication and planning.

NOTIFICATION REQUIREMENTS:

The University's Director of Emergency Management or a designee will be notified via the youth programs site with the name and contact information of a program contact (defined below) in the event the minors program participants need to be evacuated or moved per Syracuse University protocols during an emergency.

The minor's program must also establish a procedure for the notification of the minor participants' parents or legal guardians in the event of an emergency, including medical or behavioral concerns, natural disasters, or other significant disruptions. If emergency services are needed, the Responsible Program Person should contact any of the following:

- The Department of Public Safety Emergency line (#78 from your cell phone, x711 from an on-campus landline, 711@syr.edu for emergency email and text from any cell phone)
- 911
- Syracuse University Ambulance (315-443-4299 from your cell phone, or x4299 from an on-campus landline).

COMMUNICATION:

Ensuring program staff are prepared and informed to initiate clear communication is important during an emergency. Staff may not always be together when these events take place and it is key to develop specific plans to make sure program staff are able to contact one another, as well as parents/legal guardians.

In addition, there may be times when an emergency event will include communicating to individuals outside program operations, including the University's senior leadership. Orange Alerts are automatically sent to students, faculty, and staff using contact information provided in MySlice. For more information on Emergency Communications (to provide instructions in an emergency situation) and Timely Warnings (to provide information regarding situations that may pose an ongoing concern to the campus community), visit the DPS communications page.

An emergency communication plan, commonly referred to as a "phone tree," will aid in making contact as necessary. There is a template version available at the beginning of this document for your use. This plan should include all relevant contact information for any individual that needs to be notified in the event of an emergency. It is a good idea to have a hard copy of the communication plan in the event electronic communication methods and internet services are unavailable.

Responsible Program Persons must create and disseminate a clear plan for parents/legal guardians to be able to contact minors program staff and subsequently their minors, at any time during the program. This may include providing a phone number for parents/legal guardians to call during the program, which must be able to reach a person and not a voice mail. They must also provide information on how to access Emergency Communications and Timely Warnings to parent/legal guardians prior to the start date of the program.

PICK UP/DROP OFF PROCEDURES:

Minors programs need to know the full names of authorized adults that may pick up the minors from a program. Staff may only release a minor to the parent or legal guardian identified on the minors program waiver/permission forms pursuant to any custody obligations, unless there is prior written consent from the parent or guardian authorizing pick up by another adult and the adult provides valid photo ID.

DOCUMENTS/FORMS:

After the program is registered, log into youthprograms.syr.edu, and click on "documents," and both a copy of this guide and the communications template will be available. Once completed, they are required to be uploaded to the "documents" portion of your particular program in youthprograms.syr.edu.

PROGRAMS THAT HOST MINORS IN LABS:

If the program occurs in a laboratory setting, it is important to get to know your particular lab procedures and safety guidelines.

EMERGENCY PLANS

Specific emergency plans of action to guide decision-making in certain instances are available below. These are not all-inclusive and may not be applicable as written in every situation. It is important to familiarize staff with the procedures, and establish procedures for how staff will help people with disabilities during these situations.

ACTIVE THREAT

Before:

- Syracuse University recommends Run. Hide. Fight.
 - o Review the Run. Hide. Fight <u>video</u>.

During:

RUN:

- Have an escape route and plan in mind.
- Leave your belongings behind.
- Keep your hands visible.
- Call DPS or 911 or use the Orange Safe app when you are in a safer place.

HIDE:

- If you can't escape, hide in an area out of the shooter's view, and behind something solid if possible.
- Block entry to your hiding place and lock the doors.
- Silence your cell phone and other devices.

FIGHT:

- Fighting is a last resort to be used only when your life is in imminent danger.
- Attempt to incapacitate the active shooter.
- Find an object to use as a weapon, such as a fire extinguisher or chair.
- Work as a team with someone else if possible.

After:

- How to React When Law Enforcement Arrives:
 - Officers might use pepper spray or tear gas to control the situation.
 - Officers might be armed with rifles, handguns or shotguns.
 - Officers might shout commands and might push individuals to the ground for their safety.
 - Remain calm and follow officers' instructions.
 - o Put down any items in your hands and immediately raise hands and spread fingers.
 - Keep hands visible at all times.
 - Avoid making quick movements toward officers such as attempting to hold on to them for safety.
 - Avoid pointing, screaming and/or yelling.

BOMB THREAT/SUSPICIOUS PACKAGE

In the event a bomb threat is received:

- Remain calm and attempt to obtain as much information from the caller as possible. Try to write down or remember:
 - Words the caller used
 - What the caller wanted
 - Person the caller asked for
- Keep the caller on the line as long as possible. Listen for:
 - Tone and characteristics of the caller's voice
 - Your familiarity with the caller's voice
 - Gender/age of the caller's voice
 - Background noise
- Call the Department of Public Safety (DPS) at 711 from a University phone or 443.2224 from any other phone (avoid using a cellular phone if possible) and provide the dispatcher with:
 - Your name
 - Your location
 - Your phone number
 - o Details of the situation
 - Time you received the call
- Notify your supervisor/department head
- Look for anything unusual in your work area. DO NOT TOUCH ANYTHING UNUSUAL. If you spot something unusual, point it out to any responding Public Safety officer or Safety officer.
- Follow all directions of the Public Safety officer or Safety officer responding to the scene.
- If instructed to evacuate, move at least 500 feet away from the area (take your keys and personal belongings with you) and await further instructions from emergency personnel.
- Do not re-enter the building until instructed by emergency personnel.

CIVIL DISTURBANCE

As the Syracuse University <u>Statement</u> of Student Rights and Responsibilities outlines, students "have the right to assemble in an orderly manner and engage in peaceful protest, demonstration, and picketing, which does not disrupt the functions of the University, threaten the health or safety of any person, or violate the Code of Student Conduct." Occasionally, gatherings or events may cause campus unrest or a civil disturbance. The following information is helpful if you are at a protest that becomes violent:

- Remain calm. DO NOT STAND STILL OR SIT DOWN.
- Leave the area as quickly as possible without running.
- Follow the flow of the crowd and move diagonally to the outside edges of the group.
- Seek shelter in large and safe places such as stores or hotels. Avoid getting 'boxed in' against a building
 or unyielding structure like a concrete wall where protesters gatherers can push others against an object,
 resulting in injury.
- Avoid the "front lines" of a demonstration; the area where demonstrations and local security personnel
 are in close proximity. This is often the most likely location where an outbreak of violence can occur. If
 you find yourself at the front lines, DO NOT TRY AND CROSS OVER TO THE POLICE. Instead, try to
 exit along the front edge of the protest demonstration crowd.

EARTHQUAKES

Although earthquakes are rare in New York State, the following are some helpful tips in the event one occurs.

The Responsible Program Person should contact any of the following:

- The Department of Public Safety Emergency line (#78 from your cell phone, x711 from an on-campus landline, 711@syr.edu for emergency email and text from any cell phone).
- 911
- If there is an injury, Syracuse University Ambulance (315.443.4299 from your cell phone, or 3-4299 from an on-campus landline).

During:

- Drop to the ground, take cover under a sturdy object, and hold on until shaking stops.
- If a sturdy object is not available, move to an inside corner of the room, crouch down, and cover face and head with arms.
- Stay away from glass, outside walls or anything that could fall.
- Stay inside and wait for the "all-clear" before leaving your safe place.
- For those in wheelchairs: Make sure wheels are locked. Remain seated until the shaking stops. Protect
 head and neck with arms or whatever is available and maintain the protective position with head and
 neck covered until shaking stops.

After:

- Be prepared for aftershocks.
- Check yourself and participants for injuries and provide first aid if needed. Do not move seriously injured persons unless they are in immediate danger.
- Check around you for dangerous conditions, such as fires, downed power lines and structural damage.
- Evaluate for yourself or wait for instructions from your Building Coordinator or Program Director, to determine if evacuation is necessary.
- If possible, do not use the phone for local calls, except emergencies, during the first 15-30 minutes after the earthquake. Overloading the phone system may delay the delivery of emergency assistance.

ELEVATOR MALFUNCTION

The Responsible Program Person should contact any of the following:

- The Department of Public Safety Emergency line (#78 from your cell phone, x711 from an on-campus landline, 711@syr.edu for emergency email and text from any cell phone).
- 911

During:

- Remain calm
- Activate the emergency phone in the elevator. If for some reason the phone does not work, push the "EMERGENCY CALL" button. Emergency personnel will respond shortly.
- If you have a cell phone available, call the Department of Public Safety at 315.443.2224 or #78.
- Do not try to force the elevator doors open.
- Do not attempt to leave or climb out of the elevator.

EVACUATION AND SHELTER-IN-PLACE GUIDELINES

The following procedures apply to any evacuation situation:

The Responsible Program Person should contact any of the following:

- The Department of Public Safety Emergency line (#78 from your cell phone, x711 from an on-campus landline, 711@syr.edu for emergency email and text from any cell phone).
- 911

Before:

- Become familiar with the building and know the location of emergency exits.
- Know your evacuation meeting location.

During:

- To report any emergency situation, contact the Department of Public Safety (DPS) at 711 or with the Orange Safe app.
- In the event an evacuation is necessary, you will be directed by the Fire and Life Safety Services Office (FLSS), DPS, the fire department, or building coordinators to evacuate.
- Remain calm and try to keep others calm.
- Exit the building using stairwells, never use the elevators, and close and secure all doors behind you.
- Proceed to the designated meeting area(s). Keep quiet and listen for directions from FLSS, DPS, or the fire department.
- Notify the first responding agency of trapped or injured persons or persons with disabilities and their locations.
- Never re-enter the building unless directed to do so by FLSS, DPS, or the fire department.

The following procedures also apply to Fire and Smoke Evacuation:

Before:

- Know where fire extinguishers are located on your floor.
- Know where your fire alarm pull stations are located.

During:

- DO NOT fight the fire Remain calm.
- Contact DPS at 315.443.2224, 711 on a campus phone or via the Orange Safe mobile app.
 - Give your name
 - o Give the name of the building
 - Give your location and type of problem
- If time and conditions permit, take important personal items such as cellphone, keys, purse, medication, or eyeglasses.
- Pull the fire alarm box located next to any stairwell.
- Exit the building using stairwells and never use the elevators. Be sure to close and secure all doors behind you.
- Proceed to the designated meeting area(s). Keep quiet and listen for directions from FLSS, DPS, or the fire department.
- Notify the first responding agency of trapped or injured persons or persons with disabilities and their location(s).
- Never re-enter the building unless directed to do so by FLSS, DPS, or the fire department.

During an extended evacuation, you may be instructed by emergency personnel to report to a
designated short-term emergency evacuation center (i.e., Hendricks Chapel, Schine Student Center,
Goldstein Student Center, Manley Field House, or Skybarn). Members of the Critical Incident Response
Committee, Safety Officers, Public Safety Officers, or a building coordinator will arrive at the center to
act as communications liaisons.

It is the Responsible Program Person's responsibility to track the needs of participants who anticipate that they may have difficulty in evacuating any campus building.

Evacuation Procedures for Persons with Disabilities:

Syracuse University recognizes that due to the differences in campus buildings, the limitations presented by various types of disabilities, and the range of possible circumstances that could be presented by different types of disasters, persons with disabilities will make individual decisions based upon the circumstances presented.

Before:

- Visitors who anticipate that they may have difficulty and require assistance evacuating any campus building should contact the ADA Coordinator (315.443.6162 or ada@syr.edu) to set up this assistance.
- Minors with disabilities temporarily residing in residence halls should also notify the residence hall directors of their potential needs in the event an evacuation is necessary.

During:

- Contact DPS and identify a mobility disability that would impact exiting the building by stair way, give their exact location (building and room number) and ask if it's a drill or an emergency. DPS will advise if they should stay in their location or if DPS will come to assist them to evacuate.
- If the person's disability prevents oral communication with DPS, DPS should be informed that they
 should always check the person's anticipated locations. Persons with disabilities may be asked to remain
 in the buildings if the availability of evacuation personnel and/or special equipment is limited or if it is a
 drill and they do not need to exit.
- When DPS is aware that a person's impairment prevents oral communication or mobility, DPS will always check the person's anticipated locations during an evacuation.
- DPS, Fire and Life Safety Services and emergency responders will always thoroughly search a building in the event of an evacuation regardless of whether they are aware of the presence of a person wth an impairment or who otherwise needs assistance.
- In the event a fire alarm sounds, the first responding agency (FLSS, DPS, or the fire department) will search out persons with disabilities reported to be in the building, provide comfort, while determining if an evacuation is necessary.

Procedures For Visitors to Campus

Visitors to campus should follow the same evacuation procedures outlined above. Dialing 711 from a campus phone will connect to DPS or dial 315.443.2224.

FIRE DRILL PROCEDURES

The procedures to be followed for fire drills are identical to the emergency evacuation plan in the steps described above. Often, it is not clear whether the alarm is triggered by an emergency or if it's a drill so, if persons with disabilities are unable to evacuate without assistance, they should contact or have someone (co-worker, professor, friend, etc.) contact DPS and identify a mobility disability that would impact exiting the building by

stairway, give their exact location including building and room number, and ask if it's a drill or an emergency. DPS will advise if they should stay in their location or if DPS will come to assist them to evacuate. If the person's disability prevents oral communication with DPS, DPS should be informed that they should always check the person's anticipated locations. Persons with disabilities may be asked to remain in the buildings if the availability of evacuation personnel and/or special equipment is limited or if it is a drill and they do not need to exit.

Non-Emergency Evacuation Procedures

If persons with disabilities need to be evacuated in a non-emergency situation, such as a power failure or elevator shut down, review the Fire Drill Procedures (above) as the same procedures apply. With proper notification, DPS may decide to contact a professional transportation agency to facilitate safe and proper evacuation. The University will pay for costs associated with evacuation services performed by such agencies.

Contingency

The above noted plan is intended to assist the appropriate authorities in evacuating persons with disabilities. However, if the fire department has not arrived and a need exists to move persons with disabilities out of the building quickly, as in a situation threatening lives, DPS or FLSS may consider evacuating persons with disabilities themselves provided that under all circumstances, the evacuation can be done safely and not expose further lives to danger. If possible, evacuation will be conducted with input from, and at the direction of, the persons with disabilities.

HAZARDOUS MATERIALS/CHEMICAL SPILLS

In the event of a chemical spill or release of toxic or hazardous material that presents a potential for or has already caused:

- A personal injury
- A chemical overexposure
- An exposure to a chemical of unknown health risk, including the detection of a noxious odor
- An adverse environmental impact
- Any other situation immediately dangerous to life, health, or property:
- Immediately notify all personnel in the affected area of the spill or release and evacuate all personnel from the affected area.
- Call the Department of Public Safety (DPS) at 711 from a campus phone or #78 from a cell phone from a location not affected by the spill. DPS will dispatch the appropriate response personnel.
- Be prepared to give DPS the following information:
 - Your name, phone number, and location from which you are calling from
 - The nature of the incident
 - The location of the incident (building, floor, room number)
 - The name or type of substance (if known)
 - The quantity of substance (estimate)
 - The hazards (flammable, explosive, toxic if known)
 - Advise if there are injuries
 - Suggest a secure location to meet emergency responders
- Stay in the secure area to meet emergency responders.
- Do not re-enter the spill area to perform rescue operations or participate in cleanup.

MEDICAL EMERGENCIES

If a person becomes ill or is injured and requires immediate assistance:

- Call the Department of Public Safety (DPS) at 711 (campus phone) or 443.2224 (all other phones) and give the following information:
 - Building name
 - Floor/office number
 - Details of the illness/injury
- Stay on the phone for further instructions.
- Do not move the injured/ill person.
- · If you are not trained, do not attempt medical assistance before trained assistance arrives, unless the circumstances require immediate steps to preserve the life or health of the injured person before the arrival of such trained assistance.
- If possible, assign someone to meet emergency personnel at the closest entrance.
- Remain with the victim until first responders arrive. Limit communication with the victim to no more than quiet reassurances.
- Report all information to emergency personnel (Department of Public Safety/Environmental Health and Safety Services Office/Syracuse University Ambulance).

MISSING/KIDNAPPED YOUTH

To minimize the risk of a lost or kidnapped youth, take attendance at the beginning and end of each program day and any time participants move to a new location and maintain proper staff to participant ratios. Keep detailed records of locations where program participants are at all points throughout the program day.

- Assemble the participants in a common assembly area and match the headcount against the attendance
- Thoroughly search facility and adjacent outside area, including cupboards, closets, nooks, etc.
- Ask staff and other children when they last saw the missing child.

Call 911; Provide the following information:

- Child's name and age
- Your current location
- Physical and clothing description of the child, including any distinguishing marks such as visible scars or birthmarks
- Medical status, if appropriate
- Time and location child was last seen
- Person with whom the child was last seen
- If kidnapping, any information about possible kidnapper and description

Notify Responsible Program Person immediately and search the facility and adjacent outside area again.

- Have child's information including picture, if possible, available for the police upon their arrival.
- Responsible Program Person will notify parents of missing child and attempt confirmation that child is with family; if not - inform parents of situation and steps taken.

POWER OUTAGE

Be prepared:

- Know where your flashlights and batteries are.
- Have a flashlight app for your phone.

- Make sure you have a fully charged portable power bank.
- Have ice ready to keep food cold during a temporary power outage.

During:

- Remain calm.
- Turn off any unnecessary appliances, computers, office equipment, tools, etc. Leave lights on as an indicator of the return of power.
- Provide assistance to individuals not familiar with the area.
- Remain indoors and in the vicinity of your normal work area. Evacuate if told by authorities to do so.
- During an extended power outage, call Physical Plant at 315.443.1234 for a status report.

NOTE: Many campus buildings are equipped with backup power (generator power), which will either completely or partially restore power to the buildings.

After:

- Check electrical equipment for damages.
- Throw away food that has been exposed to temperatures 40° F (4° C) for 2 hours or more or if it has unusual odor, color or texture.

If you work in an area with hazardous chemicals or other hazards:

If a power outage occurs and personnel are present in an area where hazardous chemicals are used or other hazards are present, (e.g., in a laboratory, paint shop, print shop, art studio, wood shop, etc.), and power is not restored immediately, the following actions should be considered:

- Turn off all non-essential electrical devices, particularly if they are to be left unattended before power is restored. Keep in mind that if no one is in the area when the power is restored, equipment that does turn on will be running unattended.
- Discontinue activities requiring local ventilation such as paint spray booths, laboratory fume hoods and biological safety cabinets, and close the sashes to those devices. No work is allowed in these devices until power has been fully restored and the user verifies normal operation of the device(s).
- Ensure that all chemical containers are capped to eliminate off-gassing in an unventilated area.
- Turn off compressed gas cylinders at the tank valves. If an inert gas is being used to "blanket" a reactive compound or reactive process in a laboratory, it may be appropriate to leave the gas flow on. (The decision to do this should be part of a written Standard Operating Procedure specific to each of an area's hazardous materials processes.)
- Also turn off actively flowing natural gas being delivered to a work area, (e.g., to a laboratory bench top or workstation). (This does not include the main natural gas supply to a building. If needed, Physical Plant will provide that service.)

NOTE: If there is potential to breathe in chemicals due to lack of exhaust ventilation during a power outage, personnel should remove themselves from the area and contact their supervisor for further direction.

REPORTING SUSPECTED CHILD ABUSE

Reporting obligations:

New York State law

- Under NYS law, individuals in certain occupations have a legal obligation to report suspected child maltreatment or abuse to child protective services, and we call these people "Mandated Reporters." Most know they are mandated reporters, but if you are unsure, the New York State list can be found online. Coincidentally, many employees are also "Mandated Reporters."
- Mandated Reporters are required to contact the New York Statewide Central Register of Child Abuse and Maltreatment. Once a report has been made, the employee must notify the 'person in charge of that institution,' at Syracuse University, that person is the Title IX Coordinator.
- University Policy and Title IX
 - As a University community member and employee, we are all designated as "responsible employees" and therefore must disclose information related to, among other things, sexual misconduct, to the Title IX Coordinator. The exceptions to this policy are confidential sources.
- Campus Security Authorities (CSA)
 - Defined as: any person with the authority and duty to take action on behalf of the institution with SIGNIFICANT responsibility for student and campus activities. This includes:
 - Anyone involved in a youth program without the minors parent/legal guardian present, for the duration of the interaction
 - All DPS staff
 - Individuals responsible for security, or access control
 - Student Affairs professionals: Deans, associate/assistant deans, directors, RAs, RDs, conduct staff
 - Athletic directors, coaches, and assistant coaches
 - Anyone designated by SU as someone to whom crimes should be reported
 - Administrators of separate campuses (LA, DC, etc.), and study abroad coordinators

Who to tell:

- The Responsible Program Person in charge of your program
- Mandated reporters call the New York Statewide Central Register of Child Abuse and Maltreatment 24 hours a day, 7 days a week: 800.635.1522
- Statewide toll-free public hotline 24 hours a day, seven days a week: 800.342.3720
- Syracuse University's Title IX coordinator: x0211 titleix@syr.edu

SEVERE WEATHER EMERGENCIES

In the event of extreme weather emergency conditions, instructions will be communicated to the University community via Orange Alert. The most likely instance of severe weather is severe snow or blizzard conditions. In the event of inclement weather:

- Stay informed. Listen and watch for advisories/alerts via:
 - Campus email
 - o <u>www.syracuse.edu</u>
 - Weather alert text message
 - Campus announcements: <u>www.news.syr.edu</u>
 - Syracuse University's Twitter account: https://twitter.com/SUcampus
 - SU's radio station WAER-FM 88.3 and other local radio and television station for University information

To report locations in need of snow clearing, please call 315.443.4984. Report any other hazardous conditions to Physical Plant at 315.443.1234 or the Department of Public Safety at 315.443.2224.

Extreme Cold:

Before:

- Regularly stay informed by following the news.
- Check the forecast as part of your regular routine to be prepared.
- Adjust your schedule to avoid being outside during the coldest part of the day in the early morning.
- Dress for outdoors even if you won't be outside much.
- Keep a stock of non-perishable food.

During:

- Stay indoors and wear warm clothes. Wear layers of loose-fitting, lightweight, and warm clothes.
- Eat and drink regularly to keep the body fueled and prevent dehydration. Avoid caffeine and alcohol.
- If you must go outside:
 - Walk carefully on snowy and icy sidewalks.
 - Cover your face and mouth to protect yourself from severely cold air.
 - Watch for signs of hypothermia and frostbite.
 - Keep dry. Change wet clothing frequently.

After:

- Avoid traveling until conditions have improved.
- Check on friends and neighbors.
- For more information on signs of frostbites and hypothermia, click <u>here</u>.

Extreme Heat:

Before:

- Regularly stay informed by following the news.
- Close curtains or blinds on windows exposed to sun.
- Be aware of both the temperature and the heat index.
- Check A/C unit to make sure it is working properly.
- Refrigerate water bottles.
- If you do not have air conditioning, visit places (schools, libraries, theaters, malls) where you could get relief from the heat.

During:

- Drink plenty of fluids even if you do not feel thirsty. Avoid caffeine or alcohol.
- Wear loose-fitting, lightweight, and light-colored clothing.
- Slow down, stay indoors and avoid strenuous exercise during the midday. Postpone outdoor games and activities.
- Check on family, friends and neighbors who do not have A/C.
- Keep your animals indoors and out of the heat.

After:

• The National Weather Service provides additional information on heat injuries.

Flood:

Before:

- Regularly stay informed by following the news.
- Create a communication plan with your family and friends in the event of a disaster including identifying a main contact and place to meet.
- Assemble an emergency kit.
- Sign up for emergency notifications.

During:

- If you are in an area that will flood and feel uncomfortable, do not wait for the order to leave; evacuate yourself.
- Watch local news for the latest information.
- Do not walk, swim, or drive through floodwater. Six inches of fast-flowing water can knock you over and two feet will float a car.
- For areas subject to flooding, get to higher ground immediately.
- If told to evacuate, do so immediately. If time permits, disconnect utilities and appliances.
- DO NOT go near areas if water covers electrical outlets or power cords are submerged.

After:

- Continue listening to local news for the latest updates.
- Communicate with friends and family to let them know you are safe, as well as the families of minor participants.
- If you evacuated, return only when authorities say it is safe to do so.
- Standing water hides many dangers including toxins and chemicals. Watch for debris under the water and know the road surface may have been compromised. Take it slow.
- Stay away from disaster areas, your presence may hamper rescue and other emergency operations.
- Pay attention to road closure and other cautionary signs as they are put in place for your safety.
- Do not enter a flood-damaged building until you are told it is safe by authorities.

Notify Facilities Services of the issue: 315.443.1234.

Snow:

Before:

- Regularly stay informed by following the news.
- Be prepared! Don't let a winter storm take you by surprise, have the following in your emergency kit:
- Flashlight and extra batteries.
- Extra non-perishable foods and bottled water.

- Extra prescription medicine.
- First-aid supplies.
- If you need additional heat source, consider using a fireplace, wood stove or space heater. Please note: make sure they are properly ventilated to prevent a fire.

During:

- If you are outside:
 - o Find shelter to stay dry and cover your exposed body parts.
 - Move your body to keep blood circulating and keep warm. However, avoid overexertion as sweat could lead to a chill and hypothermia.
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 - Move your body to keep blood circulating and keep warm. However, avoid overexertion as sweat could lead to a chill and hypothermia.
- If your heat source stops working:
 - Don't waste heat! Close off unused rooms.
 - Stuff towels or sheets in cracks under doors.
 - O Keep the heat in by closing blinds or curtains.
 - Be sure to eat and drink. Food provides the body with energy for producing its own heat. Drinks lots of water and other non-caffeinated, non-alcoholic beverages to prevent dehydration.
 - Wear layers of loose-fitting, lightweight, warm clothing that is easily removable to avoid overheating, perspiration, and subsequent chill.

After:

- Check local news for updated information on road conditions.
 - Watch out for black ice. It is most dangerous in the early morning.
 - Avoid unnecessary travel to allow for quick and efficient snow removal.

THREATS OF VIOLENCE

Many behaviors and circumstances may indicate an increasing risk for violence. Recognizing and reporting early signs of a potentially dangerous situation is crucial to violence prevention. Your participation is the first step to keeping our campus safe. When concerned, you should always get in touch with DPS by:

- Calling 315.443.2224
- Emailing or texting 711@syr.edu
- Using the Orange Safe app
- Completing a Silent Witness report through EthicsPoint

Threatening behavior includes, but is not limited to:

- Physical actions short of actual physical contact and/or injury, such as moving closer aggressively, waving arms or fists, yelling in an aggressive or threatening manner
- General oral or written threats (in any medium, including email and social media) to people or property, such as, "You better watch your back" or "I'll get you" or "I'll ruin your car"
- Threats made in a "joking" manner
- Stalking behavior
- Implicit threats, such as, "You'll be sorry" or "This isn't over yet"

Other potential warning signs for violent behavior:

- Explicit statements about harming someone
- Social isolation
- Changes in behavior (sudden or otherwise)
- Change in academic performance
- Unexplained absenteeism
- Increase in alcohol or drug use
- Anxiety or uncertainty about family/relationships/situations
- Explicit statements about harming someone
- Attempts to harm or kill self
- Conflicts with others
- Lack of energy or chronic fatigue
- Bizarre behavior
- Change in appearance/declining hygiene
- Sending disturbing messages (i.e. texts, e-mails, letters) to students/staff/faculty.
- Suicidal thoughts
- Displays paranoia
- Alienates him/herself from others/family
- Loss of job/income/relationship
- Disruptive behavior/irritability/abrasive towards another
- Coursework content that is alarming
- Depression or nervousness
- Identifying with other persons who engaged in past violence toward others
- Making statements that support the use of violence to resolve issues

Violence, especially violence targeted towards a specific victim, most commonly stems from the interaction of four factors:

- S- The subject who may take violent action: resistance to change or reasonable limits, extreme or sudden changes in behavior, difficulty learning from past experiences, alienation from others or self-isolation.
- T- The vulnerabilities of the target or victim: consistency of travel/movement patterns, denial in the face of clear threat posed, lack of concern for personal safety
- E- An environment that facilitates, permits, or does not discourage violence, as evidenced in part by: chronic or unresolved conflict, high perceived levels of stress among community members
- P- Any precipitating events that may trigger reactions: losses (of job, status, relationship), perceived rejection or injustice, being ostracized by others.

PARENT/LEGAL GUARDIAN REUNIFICATION

In the event of venue evacuation, or if parent/legal guardians are unable to get to the program location, the program staff should take direction from the University during and after the crisis. For planning purposes, the following procedures should be reviewed and planned to help reunite minors with their caregivers as soon as it is safe.

REUNIFICATION

In the wake of an emergency or disaster, reunifying youth with their parents/guardians is a top priority. These considerations can help create a reunification plan to be shared with staff and parents.

Work with the Responsible Program Person or other emergency personnel to designate a specific location for children within mass assembly areas. When identifying an area, consider:

- An area that allows for multiple youth groups to congregate together
- Proximity to supplies and support
- Proximity (as is possible) to likely reunification points for parents/guardians to access their minors
- Secondary assembly points should also be designated, in case the primary assembly point is inaccessible during an emergency
- Additional needs required for members of the minors program with disabilities

Create signage to facilitate easy identification of youth by first responders and parents/guardians within mass assembly areas. Include sign-making supplies, or pre-made signs, in an emergency supply kit.

Things to consider when developing a plan to release the child to parent/guardian:

- What documentation/identification is necessary to release a child to an adult?
- Are there any custody agreements you must abide by?
- Staff must document who the child left with. How and where will this information be collected?
- If a child has been taken to receive first aid or other care somewhere else, a staff person should be designated to accompany them to that location. How will such designations/departures from the assembly point be communicated among staff?

COMMUNICATION TO PARENTS/LEGAL GUARDIANS

In the event of an emergency, the University may take control of the reunification process of minors with their parents/legal guardians. Responsible Program Person and Program Staff should be aware of any additional needs required for program participants with disabilities. If this is not done, it is important to think about how you will communicate information regarding emergency response and reunification to parents and legal guardians.

Some things to consider before the program are:

- How you will communicate to parents/legal guardians prior to the program occurring, regarding reunification location and procedures?
- Communicate to parents/legal guardians about the main methods you will use for communication after an event.
- Remember to collect multiple modes of contact information from parents/legal guardians (phone numbers, email addresses, additional emergency contacts).
 - Use more than one mode of communication to parents/legal guardians such as text, phone call,
 - Leave message on a designated voicemail.
 - Publish notification on program website (e.g., banner at top of page) and/or social media pages, as applicable.
- Determine with whom, and how, should parents/legal guardians communicate to program staff or other emergency responders.
 - Parent/legal guardians should not call DPS, as this interferes with dispatch. Parents should only call 911 to report emergencies, not to request information.
- Assign staff roles to support the reunification process in your emergency planning, and train staff accordingly.

- Ensure procedures are in place for releasing child to parent/legal guardian and collecting necessary documentation to facilitate release.
- What are the expectations for experience at assembly points (e.g., traffic congestion, delays in reunification as staff follow procedures to ensure youth safety, etc.).

Consider sending periodic updates to reassure parents/legal guardians of the well-being of children during the post-emergency reunification process. Even if there is no news it can be helpful to communicate and let them know that things are status quo.

AFTER AN EMERGENCY

Following an emergency, it is important for youth programs to attend to the impact of the emergency on both their youth participants and their staff. It is also an appropriate time to review and revise emergency plans, program operations or logistics, based on your experience during and after the emergency.

Helping return a sense of normalcy and routine can be an important safeguard for youth following the disturbance and potential trauma of an emergency. Programs can implement simple steps to build resilience among their participants and help youth cope with their emotional and physical needs. Some resources to assist programs in doing this work include:

- SAMHSA: Helping Children and Youth Who Have Experienced Traumatic Events
- FEMA and the American Red Cross: "Helping Children Cope with Disaster"
- Save the Children "Journey of Hope" and "Shelter from the Storm" programs

Staff may also need additional support coping with their experiences and returning to their duties. Consider convening group meetings, perhaps with relevant experts or resources in attendance, to debrief the events and responses.

- CareBridge
- CDC's Emergency Responders Tips for Care

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