Annual Notification of Drug and Alcohol Policies and Programs

As a requirement of the Drug-Free Schools and Campuses Act regulations (36 C.F.R. Part 86), Syracuse University is required to disseminate drug and alcohol policies and information to all students and employees on an annual basis. The purpose of this notification is to provide the campus community with details about the standards of conduct, policies, sanctions, legal penalties and health information relating to drugs and alcohol. Questions about this information may be directed to the Office of Risk Management and Regulatory Compliance at 315.443.4011 or riskadmin@syr.edu.

Prevention and Education

Syracuse University uses multiple strategies to provide comprehensive education regarding alcohol and other drugs. Notable programs include the following:

- As a facet of Community Wellness Requirements, all incoming students are required to complete the following online interactive multimedia education program that covers sexual assault prevention and relationship violence, substance use (including alcohol and other drugs) and diversity, equity and inclusion. The training has three different versions, tailored to traditional undergraduate students, graduate students, and non-traditional undergraduate students and part-time students. Students must complete the training to register for classes.
- Be Wise Peer Educators (ese.syr.edu/bewell/peer-educators/) focus on educating and empowering students to make informed choices regarding the use of alcohol and other substances. This Peer Education Team is committed to making a campuswide difference through nonjudgmental dialogue.
- In addition to Health Hubs and outreach programs, Be Wise Peer Educators host the Be Wise BE-BQ and programs during National Collegiate Alcohol Awareness Week and Alcohol Awareness Month. For more information on these events, visit the Programs web page (ese.syr.edu/bewell/programs-and-events/).

Additionally, the Barnes Center at The Arch coordinates educational programming regarding substance use prevention for the Syracuse University community. Requests for programming are made by a variety of audiences, including, but not limited to, classes, residence halls, student groups, fraternities and sororities, and athletic teams. Programs are facilitated by Be Wise Peer Educators and trained staff members. To request a program, please visit ese.syr.edu/bewell/request-a-workshop/ and complete a program request form. For more information on education and prevention efforts, contact the Barnes Center at The Arch at 315.443.8000. More information regarding alcohol and other drugs prevention and education may be found at ese.syr.edu/bewell/substance-use/.

From time to time during the academic year, the University may sponsor workshops or seminars and may distribute informational materials dealing with the dangers of substance abuse.

The following support and treatment resources are also available:

On-Campus Resources

- OPTIONS Program: Barnes Center at The Arch, 315.443.8000, syracuse.edu/bewell
  Barnes Center at The Arch Counseling provides assessment, intervention, education and referral services for all full-time students who experience problems or have concerns about their use of alcohol or other drugs. Services are free and confidential. Students may self-refer or be mandated through a variety of University departments. All services are provided by certified, licensed or license-eligible therapists.
- Syracuse University students experiencing a mental health crisis, seeking support for sexual assault or relationship violence, or needing medical consultation can receive free confidential services 24 hours a day, seven days a week by calling 315.443.8000.
- Dean of Students Office, 310 Steele Hall, 315.443.4357, dos@syr.edu, ese.syr.edu/dean-of-students/
  Provides support to students in many ways, including consultation, outreach, intervention, monitoring and support plans.
- Barnes Center at The Arch Health Promotion, 150 Sims Drive, 315.443.8000, syracuse.edu/bewell.
  Provides prevention and education essential to students' health, well-being and safety, including sexual and relationship violence, alcohol use and mental health.
- Carebridge Faculty and Staff Assistance Program: 1.800.437.0911, wellness.syr.edu/carebridge/
  Licensed, credentialed counselors are available 24 hours a day, 7 days a week, 365 days a year by calling Carebridge.
- Couple and Family Therapy Center at Falk College: 315.443.3023, falk.syr.edu/marriage-family-therapy/counseling-therapy-services/
  Provides individual, couple and family therapy for SU staff, faculty, students and their families.
- Psychological Services Center: 315.443.3595, psc.syr.edu
  Provides individual, couple and group counseling and therapy.
Off-Campus Resources

  Houses a literature and video library on alcohol, tobacco and other drugs (ATOD); provides information on prevention, intervention, treatment, self-help services for ATOD abuse and addiction, and other addictions (e.g., food, sex, and gambling); conducts assessment and referral services; and conducts prevention program development and presentation.
- Syracuse/Onondaga Drug and Alcohol Abuse Commission: 315.479.1140, syracusedrugfree.com
  Provides educational programs for professionals and community members; conducts media advocacy activities regarding ATOD issues and solutions; and assists with developing, coordinating and expanding successful prevention efforts.

Outpatient Treatment and Assistance

- Crouse Chemical Dependency Treatment Services: 315.470.8304, crouse.org/services/chemical-dependency/programs
- Bright Path Counseling Center: 315.458.0919, brightpathcounseling.com

Inpatient Treatment and Assistance

- Crouse Chemical Dependency Treatment Services: 315.470.8304, crouse.org/services/chemical-dependency/programs

Support Groups / Self Help

- AA (Alcoholics Anonymous): 315.463.5011, aasyracuse.org
- Alateen (for teens living with an alcoholic family member): 315.471.0191, syracuseais.org
- Al-Anon Family Groups: 315.471.0191, syracuseais.org

24-Hour Hotlines

- Alcohol HotLine: 1.800.234.0420
- Cocaine Hotline: 1.800.262.2463
- CONTACT (listening/counseling): 315.251.0600
- Drug Abuse Local Hotline: 315.472.3784
- Suicide Prevention: 315.474.1333

Additional Information

- Behavioral Health Treatment Services is an online source of information for persons seeking treatment facilities. findtreatment.samhsa.gov
- 211 CNY: dial 211 for free help locating a variety of important resources. 211cny.com

Health Risks

There are serious health risks associated with the use of illicit drugs or the abuse of alcohol. Some of those health risks are summarized below. For more information about the health risks associated with drug or alcohol abuse, or for support or treatment, contact one or more of the available resources listed previously.

Alcohol
Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses also increase the incidence of aggressive acts. Moderate to high doses impair higher mental functions, severely altering the ability to learn and remember information. Very high doses of alcohol can be fatal.

Repeated use of alcohol can lead to dependence. Alcohol withdrawal can result in severe anxiety, tremors, hallucinations and convulsions, which may be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can lead to permanent damage to vital organs such as the brain, heart, pancreas and liver, as well as the immune system. Drinking too much, on a single occasion or over time, has been linked to cardiomyopathy, stroke, high blood pressure, fibrosis, cirrhosis, pancreatitis and cancer. Alcohol consumption during pregnancy may result in fetal alcohol syndrome, which causes irreversible physical and/or mental abnormalities at birth.

Controlled Substances
The information about the health effects of controlled substances included below comes from the Federal Controlled Substances Act.

Cannabis
Possible Effects: euphoria, relaxed inhibitions, increased appetite, disoriented behavior
Effects of Overdose: fatigue, paranoia, possible psychosis
Withdrawal Syndrome: insomnia, hyperactivity, decreased appetite occasionally reported

Depressants
Possible Effects: slurred speech, disorientation, drunken behavior without odor of alcohol, dizziness, slowed breathing
Effects of Overdose: shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death
Withdrawal Syndrome: anxiety, insomnia, tremors, delirium, convulsions, possible death

Hallucinogens
Possible Effects: illusions and hallucinations, poor perception of time and distance
Effects of Overdose: longer, more intense “trip” episodes, psychosis, respiratory depression or arrest, convulsions, seizures, possible death
Withdrawal Syndrome: withdrawal syndrome not reported
Narcotics
Possible Effects: euphoria, drowsiness, respiratory depression, constricted pupils, nausea
Effects of Overdose: slow and shallow breathing, clammy skin, convulsions, coma, possible death
Withdrawal Syndrome: watery eyes, runny nose, yawning, loss of appetite, tremors, panic, cramps, nausea, chills, sweating, severe depression

Stimulants
Possible Effects: increased alertness, excitation, euphoria, increased pulse rate and blood pressure, loss of appetite
Effects of Overdose: agitation, increase in body temperature, hallucinations, convulsions, possible death
Withdrawal Syndrome: apathy, long periods of sleep, irritability, depression, disorientation

Steroids
Possible Effects: physical changes that may be permanent, muscle growth, altered appearance, mood or behavioral changes, hostility, high cholesterol, stroke, infections
Overdose: overdose not reported
Withdrawal Syndrome: severe depression, sterility, liver damage

Standards of Conduct
Syracuse University makes every effort to provide a safe and healthy environment for all members of our community. Alcohol and drug abuse is a matter of concern for the entire community, regardless of the user's age, as it poses a threat to health and interferes with one's ability to fully participate in the academic community and can create serious problems for the user or other members of the community.

The University's Alcohol, Other Drugs, and Tobacco Policy (policies.syr.edu/policies/university-governance-ethics-integrity-and-legal-compliance/alcohol-other-drugs-and-tobacco-policies/) provides an umbrella framework for approaching prevention and intervention, and defines acceptable and unacceptable behaviors with regard to alcohol, other drugs and tobacco. Additional policies and procedures, such as the Code of Student Conduct, prohibit illegal use or possession of alcohol or drugs on campus. The University institutes these policies and procedures in order to develop and sustain healthy community-wide norms to address and prevent problems while providing resources for intervention and assistance, in accordance with federal, state and local laws and other mandates.

Syracuse University seeks to provide an environment in which drug and alcohol abuse and tobacco use are not tolerated and do not interfere with the goals of the University as an educational institution and workplace. The University engages in proactive efforts, including the following:
- educating members of the community about policies related to alcohol, other drugs and tobacco, and sanctions used to enforce these policies;
- intervening and providing assistance to those with problems, and encouraging those with problems to seek help;
- offering low-risk social options that support institutional initiatives fostering health and wellness; and
- upon students' request and to the extent reasonably practicable, making alcohol-free living options available.

Illegal Drugs: Manufacturing, distributing, selling, purchasing, possessing and using illegal drugs and drug paraphernalia is prohibited.

Other Drugs: Unlawfully distributing, possessing or using prescription medications, controlled substances or other illegal drugs is prohibited. Improperly using prescription medications, controlled substances or other legal drugs is discouraged. Possessing drug paraphernalia is prohibited.

Alcohol: Abstinence, as an option, is supported and never discouraged. Drinking alcoholic beverages legally and in moderation is accepted. Drinking alcohol excessively is discouraged. Unlawful behaviors involving alcohol, including, but not limited to, underage drinking, public intoxication, drinking and driving, manufacturing, distributing and using false identification are prohibited. Disruptive behavior that creates potential for harm or infringes on the rights of others is prohibited.

Smoking: Syracuse University is a tobacco-free campus. Smoking is prohibited on University-owned, -operated or -controlled property, including, but not limited to, housing and dining facilities, classrooms, offices, computing facilities, laboratories, seminar rooms, libraries, stores, health facilities, restrooms, stairwells, elevators, lobbies and reception areas. Syracuse University’s Tobacco-Free Campus Policy can be found here: supolicies.syr.edu/ethics/tobacco_free_campus.htm.

Syracuse University’s full policy on Alcohol, Other Drugs, and Tobacco can be found here: policies.syr.edu/policies/university-governance-ethics-integrity-and-legal-compliance/alcohol-other-drugs-and-tobacco-policies/.
**Student-Specific Policies and Sanctions**

In addition to the Alcohol, Other Drugs, and Tobacco Policy, there are certain conduct standards to which students must adhere, including the Code of Student Conduct and Office of Student Living standards.

**Code of Student Conduct**

Students at Syracuse University are expected to conduct themselves in a manner supportive of the educational mission of the institution. The Code of Student Conduct prohibits, among other actions or attempted actions:

- assistance, participation in, promotion of, or perpetuation of conduct, whether physical, electronic, oral, written or video, which threatens the mental health, physical health, or safety of anyone;
- forgery, alteration or fabrication of identification cards, records, reports, grades, diplomas or University documents; possession or purchase of falsified identification cards; or misrepresentation of any kind to a University office, University official or law enforcement officer;
- illegal use or possession of alcohol, drugs or drug paraphernalia, or any other violation of the Syracuse University Policy on Alcohol, Other Drugs, and Tobacco; and
- illegal purchase, distribution, manufacture or sale of alcohol, drugs or drug paraphernalia or any other violation of the Syracuse University Policy on Alcohol, Other Drugs, and Tobacco.

Ignorance of the Code and/or acts committed under the influence of alcohol or drugs do not diminish one's responsibility.


**Residential Living Standards**

The theme of residential life focuses on personal responsibility and cooperation in building the community. To enhance this growth of community, the Office of Student Living requires that all students residing on both North and South campuses be familiar with, and abide by, the Code of Student Conduct, Residential Policies and the policies outlined in the Terms and Conditions of Student Housing. Students have the right and responsibility to participate in the creation of community standards for the community in which they live.

Because students are responsible for community standards within their living environments, they have the responsibility to participate in regular, ongoing conversations within their communities to discuss issues and events, including support for making healthy choices in relation to alcohol and other drugs.

- **Alcohol**
  - Students who are under 21 years of age may not be in the presence of alcohol, unless assigned to reside in a space in which one's roommate is 21 years of age or older.
  - Students who are under the age of 21 are not permitted to store or display empty alcohol containers (bottles, cans, etc.) in their residence hall room/apartment.
  - Alcohol paraphernalia that is associated with high-risk drinking behavior, including, but not limited to, wine and/or beer bottles, beer pong tables, funnels and shot glasses is prohibited.

- **Illicit Drugs**
  - Students’ presence in locations in which illicit drugs are being used, which may also include the presence of drug paraphernalia, including, but not limited to, bongs, pipes and other smoking devices, grinders and rolling papers is prohibited.
**Student Sanctions**

Students and registered student organizations found responsible for violating University policies governing alcohol and drug use will receive both a University status sanction as well as one or more educational or developmental sanctions.

The University issues the following sanction guidelines for substance abuse-related violations:

<table>
<thead>
<tr>
<th>Category</th>
<th>First Violation</th>
<th>Second Violation</th>
<th>Third Violation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use or possession of alcohol under prohibited circumstances</td>
<td>Disciplinary Warning and educational activities including: community involvement referral and/or educational project(s)</td>
<td>Disciplinary Probation and educational activities including: Options Program referral and community involvement referral and/or other educational project(s)</td>
<td>Suspension</td>
</tr>
<tr>
<td>Supplying alcohol to underage person(s)</td>
<td>Disciplinary Probation and educational activities including: community involvement referral or community service project(s) and/or educational project(s)</td>
<td>Suspension</td>
<td>Not applicable*</td>
</tr>
<tr>
<td>Extreme alcohol intoxication posing a substantial risk to the health and well-being of self and/or others</td>
<td>Disciplinary Warning and educational activities including: Options Program referral and educational assignments</td>
<td>Disciplinary Probation and educational activities including: Options Program referral and community involvement referral and/or other educational project(s)</td>
<td>Suspension</td>
</tr>
<tr>
<td>Manufacture or sale of alcohol under prohibited circumstances</td>
<td>Disciplinary Probation and educational activities including: community involvement referral or community service project(s) and/or educational project(s)</td>
<td>Suspension</td>
<td>Not applicable*</td>
</tr>
<tr>
<td>Driving any motor vehicle while intoxicated or while under the influence of unlawful drugs</td>
<td>Suspension</td>
<td>Suspension or expulsion</td>
<td>Not applicable*</td>
</tr>
<tr>
<td>Use or possession of marijuana or marijuana paraphernalia</td>
<td>Disciplinary Warning and educational activities including: Options Program referral and community involvement; community service referral and/or other educational project(s)</td>
<td>Disciplinary Probation and educational activities including: Options Program referral and community involvement; community service referral and/or other educational project(s)</td>
<td>Suspension</td>
</tr>
<tr>
<td>Use or possession of illegal drugs other than marijuana or controlled substances without an appropriate prescription</td>
<td>Disciplinary Probation and educational activities including: Options Program referral and community involvement; community service referral and/or other educational project(s)</td>
<td>Suspension</td>
<td>Not applicable*</td>
</tr>
<tr>
<td>Extreme drug intoxication or abuse-related behavior posing a substantial risk to the health and well-being of self and/or others</td>
<td>Disciplinary Probation and educational activities including: Options Program referral and community involvement referral and/or other educational project(s)</td>
<td>Suspension</td>
<td>Not applicable*</td>
</tr>
<tr>
<td>Manufacture, sale, purchase or distribution of illegal drugs or controlled substances</td>
<td>Suspension or expulsion</td>
<td>Not applicable*</td>
<td>Not applicable*</td>
</tr>
</tbody>
</table>

*In these circumstances, sanctions will be determined on a case-specific basis by the adjudicator or appropriate adjudicative body.

**DWI and serving alcohol to minors do not apply.**
Employee-Specific Policies and Sanctions

In addition to the Alcohol, Other Drugs, and Tobacco Policy, there are certain conduct standards to which employees must adhere.

Syracuse University prohibits the unlawful manufacture, distribution, sale, purchase, possession or use of any drugs or controlled substances or drug paraphernalia along with the unlawful service, distribution, sale, possession, consumption or other unlawful use of alcoholic beverages by its employees on its owned, operated or controlled property. Employees who violate this policy will be subject to appropriate disciplinary action, which may include counseling, mandatory participation in an appropriate rehabilitation program, a warning, placement on strict probation, unpaid suspension from employment, termination of employment and/or referral to the proper law enforcement authorities for prosecution.

Syracuse University is required by the Drug-Free Workplace Act of 1988 to take steps toward maintaining a drug-free workplace. Any employee engaged in the unlawful manufacture, distribution, dispensation, possession or use of controlled substances in the workplace will be subject to discipline, up to and including discharge. The University will weigh all relevant facts and circumstances in reaching a decision to discipline; the University retains the right to require that a covered employee who engages in prohibited conduct participate in, and successfully complete, a drug abuse assistance or rehabilitation program. Covered employees must report to the University Office of Human Resources within five days of any criminal conviction for a workplace drug violation.

Applicants for employment may be required to submit to and pass a drug test as a condition of employment. Employees may also be required to submit to random or periodic drug or alcohol testing at the discretion of the University or department.

Legal Sanctions

In addition to the University standards and sanctions on alcohol and other drug abuse set forth above, members of the campus community are also required to abide by state and federal laws governing consumption, sale or possession of alcohol and other drugs.

New York Law

Drugs

New York criminal and public health statutes capture a wide range of offenses and penalties for possessing, abusing, or distributing controlled substances and other drugs, such as marijuana.

“Controlled substance” means any substance listed in schedule I, II, III, IV or IV of Section 3306 of the public health law other than marijuana, but including concentrated cannabis as defined in paragraph (a) of subdivision 4 of section 3302 of such law. This includes, but is not limited to, methamphetamine, heroin, cocaine base, PCP, LSD, Fentanyl, Fentanyl analogue.

Penalties for violating these laws range from minor fines for unlawful possession of marijuana, to life in prison for selling or trafficking large amounts of controlled substances.

Alcohol

Alcohol offenses and penalties in New York state are defined by the Alcoholic Beverage Control Law and Penal Law. They include possession with intent to consume while under age 21, driving while intoxicated, furnishing alcohol to a person under age 21, selling alcohol to an intoxicated person, or providing false identification. The four acceptable forms of I.D. for alcohol service in New York state are a driver’s license, a non-driver’s I.D., a military I.D. or a passport. In addition, New York State General Obligations Law imposes personal injury liability for damages resulting from furnishing alcohol to persons under age 21 or selling alcohol to an intoxicated person. The City of Syracuse prohibits the consumption of alcohol, or the possession of an open container with intent to consume, in any public place, or on private property without the owner’s permission.

Penalties for violating these laws range from minor fines for underage possession, to revocation of drivers’ licenses, and even jail time, for driving while intoxicated.

Federal Law

Possession, use, or distribution of Controlled Substances is prohibited by federal law. Controlled Substances include, for example, heroin, lysergic acid diethylamide (LSD), marijuana (cannabis), 3,4-methylenedioxyamphetamine (ecstasy), cocaine, methamphetamine, and certain steroids and prescription drugs. Federal penalties for possessing, using, or distributing Controlled Substances often include fines and prison sentences.

In addition, Section 484(r) of the Higher Education Act of 1998 (20 U.S.C. §1091) provides that a student’s eligibility for federal student aid be suspended upon conviction under federal or state law for any offense involving the possession or sale of a controlled substance (other than alcohol or tobacco) for as much as one year, to an indefinite period of time. Eligibility may be regained upon completion of a drug rehabilitation program that meets statutory and regulatory requirements or if the conviction is overturned.